Contents

Teacher’s notes .................................................................................................................. 3

Mystery Document: ........................................................................................................... 4

Sorting Activity: ................................................................................................................ 5

Document 1: ...................................................................................................................... 6

Document 2: ...................................................................................................................... 8

Document 3: ...................................................................................................................... 10
Students do not need to do any work in preparation for this virtual classroom. However, if there are students who have visual impairments and may have difficulty viewing the screen during the session, please enlarge copies of the documents for them to refer to.

Teacher Preparation

- Print out enough copies of the Mystery Document for the class.
- Print out the sorting activity (no need to cut out).
- Print out enough of Documents 1, 2 and 3 for the class (including their transcripts.) The class will be split into three groups, each looking at a different document.

Useful links

Further source material relating to Medicine on the Western Front can be found in a two part collection on The National Archives' website:

http://www.nationalarchives.gov.uk/education/resources/medicine-on-the-western-front-part-one/

http://www.nationalarchives.gov.uk/education/resources/medicine-on-the-western-front-part-two/

Letters of servicemen who enlisted from the Great Western Railway can be found in two collections on The National Archives’ website:

http://www.nationalarchives.gov.uk/education/resources/letters-first-world-war-1915

http://www.nationalarchives.gov.uk/education/resources/letters-first-world-war-1916-18/

Great War soldier’s record is a lesson for use in the classroom.

Great War 1914- 1918 website on the themes of outbreak, experience, peacemaking and remembrance.
**MEDICAL CASE SHEET.**

Army Form L. 1237.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pie.</td>
<td>Routledge</td>
<td>Geo.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Year</th>
<th>Unit.</th>
<th>Age.</th>
<th>Service.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1915</td>
<td>7th Seaforth C.I.E.</td>
<td>17</td>
<td>6 M.P.S.</td>
</tr>
</tbody>
</table>

**Station and Date.**

<table>
<thead>
<tr>
<th>Disease</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eczema</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>19/11/15</td>
<td>Sensation</td>
</tr>
<tr>
<td>19/11/15</td>
<td>Sensation</td>
</tr>
<tr>
<td>24/11/15</td>
<td>Sensation</td>
</tr>
</tbody>
</table>

*The first and last entries will be signed, and transfers from one Medical Officer to another, attested by their signatures.*

W. P. Griffiths & Sons Ltd., Printers, Old Bailey, E.C.

MH 106/2086
<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>A soldier’s medical sheet completed by a doctor.</td>
</tr>
<tr>
<td>2.</td>
<td>An interview with a soldier recorded thirty years after the war.</td>
</tr>
<tr>
<td>3.</td>
<td>A letter home from a soldier.</td>
</tr>
<tr>
<td>4.</td>
<td>A panorama photograph of the trenches.</td>
</tr>
<tr>
<td>5.</td>
<td>A field medical card filled in by a stretcher bearer.</td>
</tr>
<tr>
<td>6.</td>
<td>An army unit’s war diary.</td>
</tr>
</tbody>
</table>
For Expeditionary Force Cases only.  

Army Form W. 3243A.

— Hospital — 

State from which Force France  

Serial No. in A. & D.} Blackpool T.F. 1535  

Regt. (state if T.F.) —  

Trp., Batty. or Coy. —  

Regtl. No. —  

Rank —  

Name —  

Age —  

Total Service —  

State Service with Field Force in Months (Last period only if more than one) —  

(a) Date of arrival at Hospital as an admission.  

(b) As a transfer (state where from) —  

Date of discharge to duty —  

" " by change of disease —  

" " as an invalid —  

" " death —  

" " transfer (state where to) (Name of Hospital to be given) —  

No. of days under treatment —  

Observations: —  

To be filled in by the Medical Officer in charge of case.  

Disease* — Shell shock.  

Operations —  

Result of operation —  

Complications in order of occurrence —  

Signature of Medical Officer —  

*To be in accordance with the Official Nomenclature.

One of these Red cards is to be completed for every Expeditionary Force patient received into hospital.  Black cards for U.K. troops.

(6297) Wt. W1151/H4035 750,000 5/17 McA & W Ltd (E1266) Forms/W.3243A/1
For Expeditionary Forces Only. Army Form W 3243 A.

K.L.M.C. Hospital  Blackpool
State from which Force – France  Serial No in A. & D. Book – T.F. 1535
Trp, Batty or Coy. –  Regimental No. –

Rank: 2nd Lieutenant
Name: Standley .T.
Age: 22  Total Service: 3 2/12

State Service with Field Force in Months (last period only if more than one) 3 months
(a) Date of arrival at Hospital as an admission –
(b) As a transfer (state where from) 28/12/17 4th London General

Date of discharge to duty –
Date of discharge by change of disease –
Date of discharge as an invalid –
Date of death –
Date of transfer (state where to) 9/4/18 Comm Depot, Ripon.
No of days under treatment – 102

Observations: -

To be filled in by the Medical Officer in charge of case.

Disease: * Shell Shock
Operations:
Result of operation:

Complications in order of occurrence

Loss of sleep
Headaches, tremors of hands and tongue. Palpitations and Exaggerated reflexes.
Improvement under Electro Massage treatment, + able to walk 2 miles now.

No A.F. w2/18 received.
[Signatures]

Signature of Medical Officer
* To be in accordance with the Official Nomenclature

One of these Red cards is to be completed for every Expeditionary Force patient received into hospital. Black cards for U.K. troops.

(6297) Wt. W1151/H4035 750,000 5/17 McA & W Ltd (E1266) Forms/W. 3243 A/1
From J. Standley 27th 1/2/18 18745
7th Batn Keio Regt

Imperial War Office
St. Anne's on Sea

To: The Secretariat with Office.
7.3. Dept.

Sir,

I have the honour to

forward this my application for a

wound gratuity. I was blown up

by a shell on 6th 10th causing

me to be brought to England with

shock. I have been in hospital

4 months and my nerves are still

very shaky. I am still suffering

with pains in the head, troubled sleep

and palpitation of the heart.

My first Medical Board was at

Lt London General Hospital about 19/12/17

my second at King’s Lancashire Military

Convalescent Hospital 22/1/18 when I was

granted a further stay for treatment.

I have the honour to be

Sir, Your obedient servant

J. Standley 27th.
From T. Standley 2Lt. 1/2/18 187451
7th Battalion Leicester Regiment

Imperial Hydro
St Annes on Sea

To the Secretary, War Office
F.3. Dept.

Sir,

I have the honour to forward this my application for a wound gratuity. I was blown up by a shell on October 10th causing me to be brought to England with Shock. I have been in Hospital 4 months and my nerves are still very shaky. I am still suffering with pains in the Head, troubled sleep and Palpitation of the Heart.

My first medical board was at 4th London General Hospital about 19/12/17 my second at Kings Lancashire Military Convalescent Hospital 22/1/18 when I was granted a further stay for treatment.

I have the honour to be

Sir

Your obedient servant

T. Standley. 2 Lt.
wounded patients. Only in exceptional circumstances should cases be sent to the United Kingdom, as, for instance, men likely to be unfit for further service of any kind with the forces in the field. This policy should be widely known throughout the Force.

Forms of Treatment.

The establishment of an atmosphere of cure is the basis of all successful treatment, the personality of the physician is, therefore, of the greatest importance. While recognising that each individual case of war neurosis must be treated on its merits, the Committee are of opinion that good results will be obtained in the majority by the simplest forms of psychotherapy, i.e., explanation, persuasion and suggestion, aided by such physical methods as baths, electricity and massage, though these are chiefly by suggestion. Rest of mind and body is essential in all cases.

The Committee are of opinion that the production of the hypnoidal state and deep hypnotic sleep, while beneficial as a means of conveying suggestions or eliciting forgotten experiences are useful in selected cases, but in the majority they are unnecessary and may even aggravate the symptoms for a time.

They do not recommend psycho-analysis in the Freudian sense.

In the state of convalescence, re-education and suitable occupation of an interesting nature are of great importance. If the patient is unfit for further military service, it is considered that every endeavour should be made to obtain for him suitable employment on his return to active life.

Return to the Fighting Line.

Soldiers should not be returned to the fighting line under the following conditions:

1. If the symptoms of neurosis are of such a character that the soldier cannot be treated overseas with a view to subsequent useful employment.

2. If the breakdown is of such severity as to necessitate a long period of rest and treatment in the United Kingdom.

3. If the disability is anxiety neurosis of a severe type.

4. If the disability is a mental breakdown or psychosis requiring treatment in a mental hospital.

It is, however, considered that many of such cases could, after recovery, be usefully employed in some form of auxiliary military duty.

Cowardice, Desertion and Neurosis.

In many cases it is extremely difficult to distinguish cowardice from neurosis since in both fear is the chief causal
Forms of Treatment

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Did you know?

The National Archives Education Service also offers free taught sessions onsite in Kew and online.

You can book a free Virtual Classroom session, an online lesson where students can use individual computers to interact with our Education Officers and explore original documents without needing to travel to The National Archives. You will need computers or tablets for your students to work on either individually or in pairs.

A free Video Conference session allows our Education Officers to teach through your projector, leading discussions and guiding students through activities based around original documents. All you need is a computer with a projector, webcam and microphone to set up this web-chat with us.

Our Onsite Workshops are available for free here at The National Archives and allow students to experience genuine original documents reflecting over 1000 years of history. From Elizabeth I’s signature to the telegrams of the sinking Titanic, students love the wow-factor of being able to see real history on the desk in front of them.

Find out more:

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🔗 www.facebook.com/TheNationalArchivesEducationService
✉ education@nationalarchives.gov.uk