Outcomes triangle: Health & wellbeing

This outcomes triangle gives an overview of archives contribution to better outcomes for health and wellbeing.

Overarching strategic outcomes

Improved mental wellbeing

Reduction of health inequalities

Increased personalisation, choice and control

Older people are more socially and mentally active

Intermediate outcomes

More people exercising choice and managing their own care

Reduction in people with mental health issues and increased mental health resilience

More older people playing a full part in their local community as active citizens

More people participating in learning, work or other mentally stimulating activities

Service outcomes

More people volunteering and involved in community life through archives

New offerings developed working in partnership with health and wellbeing services/organisations

Increased engagement by young people and adults with long term ill health conditions

More people gaining new knowledge, skills and education through archives