

MH 12/2241. Exeter Poor Law Union, 1860-1863; dietary sheet, Exeter. 1860.

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## EXETER WORKHOUSE. 2784

### DIETARY for the ABLE-BODIED PAUPERS.

	BREAKFAST.				DINNER.						SUPPER.			
	Bread.	Butter.	Tea.	Gruel.	Bread.	Meat.	Bacon.	Meat Pudding.	Vegetables, Potatoes, or Rice.	Soup.	Bread.	Butter.	Tea.	Gruel.
	ozs.	oz.	pint.	pints.	ozs.	ozs.	ozs.	ozs.	ozs.	pints.	ozs.	oz.	pints.	pints.
<b>SUNDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>MONDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>TUESDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>WEDNESDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>THURSDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>FRIDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
<b>SATURDAY.</b>														
Able-bodied Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Aged Men	6	1/2	1	1 1/2	3	4	4	12	12	12	6	1/2	1	1 1/2
Boys, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Boys, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2
Able-bodied Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Aged Women	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 9 to 16	5	1/2	1	1 1/2	3	4	4	12	12	12	5	1/2	1	1 1/2
Girls, from 2 to 9	4	1/2	1	1 1/2	3	4	4	12	12	12	4	1/2	1	1 1/2

MH 12/2241. Exeter Poor Law Union, 1860-1863. Part of a dietary sheet for able-bodied paupers at Exeter in 1860.